

Girls

CAPE HENLOPEN SCHOOL DISTRICT

Date EVENT	CAPE	Poly	DUAL MEET RESULTS											
			First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
			Name - Pts.	5			Name - Pts.	3			Name - Pts.	1		
4x800	0/0	5/5	Fuller, Musvins McCoy, Thornton		P	10.7								
100 H	9/9	0/5	A. Grace Johnson		C	17.1	Gazze		C	17.6	K. Clews		C	18.9
100	3/12	6/11	Ballard		P	12.2	Johnson		C	12.7	Dorsett		P	12.9
4x200	0/12	5/16	Ross, Walker Dorsett, Ballard		P	14.9								
1600	4/16	5/21	Fuller		P	5.32	Noonan		C	5.8	Hassell		C	6.07
4x100	0/16	5/26	Ross, Dorsett Walker, Ballard		P	5.3								
400	9/25	0/26	Bender		C	4.9	Gedwin		C	4.5	Mastrangelo		C	6.4
300 H	9/34	0/26	Grace Johnson		C	52.7	Johnson		C	52.5	Gazze		C	52.4
800	9/43	0/26	Mamele		C	2:42	Thompson		C	2:49	Crotty		C	2:47
200	5/48	4/30	K Johnson		C	26.9	Dorsett		P	27.8	Walker		P	28.1
3200	4/52	5/35	Fuller		P	12:15	Noonan		C	12:40	Hassel		C	13:05
4x400	5/57	0/35	Mamele, Mastrangelo Gedwin, Bender		C	4:45.2								
LJ	6/63	3/38	K Johnson		C	16.8	Lizzie TK		P	16.2	Fyock		C	14.5
TJ	9/72	0/38	Fyock		C	31.1	Grace Johnson		C	30.3	Willis		C	29.7
HJ	6/78	3/41	Mamele		C	5.3	Adamsleku		P	4.8	Clews		C	4.8
PV	8/86	0/41	Bowman		C	9.6	Fletcher		C	7.0				
Shot	9/95	0/41	Kaufman		C	27.8	Warrington		C	27.1	Booth		C	26.5
DISCUS	9/104	0/41	Warrington		C	87.6	Rincer		C	78.6	Booth		C	67.2
TOTAL	104	41												

-1

Girls

CAPE HENLOPEN SCHOOL DISTRICT

Date EVENT	CAPE	TALL	SUSSEX	DUAL MEET RESULTS											
				First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
				Name - Pts.	5			Name - Pts.	3			Name - Pts.	1		
4x800	5/5	0/0		Noonan, Grottes, Fisher, Brennan	C	1:18									
100 H	8/13	1/1		A. Grace Johnson	C	17.1	M. Garze	C	17.6	McCabe	ST	18.5			
100	6/19	3/4		Johnson	C	12.7	Lyles	ST	13.3	Carrier	C	13.4			
4x200	5/24	0/4		Bender, Ewerson Heers, Sabbagh	C	1:54.4									
1600	9/33	0/4		Noonan	C	5:45	Hassel	C	5:10	Thompson	C	6:2			
4x100	0/33	5/9		Bailey, Vocks Johnson, Lyles	ST	53.8									
400	4/37	5/14		Stevenson	ST	63.7	Bender	C	66.4	Godwin	C	67.5			
300 H	9/46	0/14		Grace Johnson	C	52.7	Johnson	C	53.5	Garze	C	57.4			
800	9/55	0/14		Mamele	C	2:42	Thompson	C	2:44	Crotty	C	2:49			
200	6/61	3/17		K Johnson	C	26.9	Stevenson	ST	27.9	Sabbagh	C	28.2			
3200	9/70	0/17		Noonan	C	2:44	Hassel	C	2:45	Dolan	C	3:52			
LJ	6/16	3/20		K Johnson	C	16.8	V. Johnson	P	15.1	Fyock	C	14.5			
TJ	9/85	0/20		Fyock	C	31.1	Grace Johnson	C	30.3	Willis	C	29.6			
HJ	6/91	3/23		Mamele	C	5.3	McCabe	ST	4.11	Clews	C	4.8			
PV	8/99	0/23		Bowman	C	9.6	Fletcher	C	7.0						
Shot	8/107	1/24		Kaufman	C	29.8	Warrington	C	27.4	Mozingo	ST	25.8			
Discus	6/113	3/27		Warrington	C	87.6	Mozingo	ST	79.1	Rineer	C	78.9			
4x400	5/118	0/27		Mamele, Godwin Mozingo, Bender	C	4:35.2									
TOTAL	118	27													

Date _____ MEET Cape Poly S.Tech vs _____

Tech - 1
Poly - 1
Cape - 3

Girls

Relay 4x800 4 X 100 4 X 200 4x400

Team: Poly

1. _____
2. _____
3. _____
4. _____

Time 11:07.4

Team: Cape A

1. _____
2. _____
3. _____
4. _____

Time 11:18.3

Team: Cape B
(Lucy)

1. _____
2. _____
3. _____
4. _____

Time 12:24.01

Team: Tech

1. _____
2. _____
3. _____
4. _____

Time 12:24.

Cape C

12:34

6
x 9 | 54

100H

Event 55H, 100, 200, 400

Boys/Girls

DATE / /

1	Anejah Grace-Johnson Cape 100H	17.06	1	Kaylyn Bews	18.29
2	Maddy Garze Cape 100H	17.52	2	Yasmeen Johnson ST 100m Hurdles	19.27
3	~~Khayla~~ Mariah McCabe ST 100m Hurdles	18.47	3	Camilla Willis Cape 100H	19.49
4	Narah Black Cape 100H	19.66	4	Maxi Ruggiero Cape 100H	20.5
5	A'nyah Nocks ST 100m Hurdles	19.92	5		
6	Renee Markland 110m HH	20.05	6		

EVENT 5514, 100, 200, 400

Boys/Girls

DATE 4/18/24

1	Nyah Ballard 100m	Poly 12.78 ①	1	Marayah Walker 100m	Poly 12.97
2	Reke Johnson Cape	12.69	2	Savannah Steven ~~son~~ 100m	ST 13.47
3	Kristian Dorsett 100m	Poly 12.81	3	Lauren Marchetti Cape 100	13.89
4	Ahmura Lykes 100m	ST 13.3	4	Naziyah Brisco 100m	ST 14.09
5	Ashley Carrier Cape 100	13.38	5	Aryn Ross 100m	Poly 14.13
6	Vasmeen Johnson 100m	ST 13.88	6	Zayda Desch Cape 100	14.4

EVENT 5514, 100, 200, 400

Boys/Girls

DATE 4/16/24

ST Poly

1 Khloe Sykes
Cape 100

15.39 ✓

1 Brooklyn Blackwell
Cape 100

14.51 ✓

2 Julia
Lacette Cape 15.65 ✓

2 Lianna Alexander
Cape 100

16.08 ✓

3 Carmen Williams
Cape 100

16.71

3 Sosha Isaza
Cape 100

17.53

4 Zoe Hennessy
Cape 100

17.47

4

5

5

6

6

C-3
T-1
P-1

Date _____ MEET Cape vs Poly / S. Tech

Relay 4x800 4 X 100

~~4x200~~ 4x100

~~4x200~~ 4x200

Team: Poly

1. _____
2. _____
3. _____
4. _____

Time 1:49.67

(1)

Team: Cape A

1. _____
2. _____
3. _____
4. _____

Time 1:54.53

(2)

Team: Tech

1. _____
2. _____
3. _____
4. _____

Time 1:54.7

(3)

Team: Cape B

1. _____
2. _____
3. _____
4. _____

Time 2:01.42

(4)

Cape C

2:04.46 (5)

Event: 800/1600 Boys/Girls DATE / /

Elyse Fuller 1600m, 4x800m, 3200m Poly 5:32	Dot Moore 1 Cape 1600 7:07
2 Lily Noonan Cape 1600 5:45	Suzett ST Roblero-Roblero 1600 7:45
3 Haley Hassel Cape 6:07	Aimee ST Valesquez-Garcia 1600 7:57
4 Emma Thompson Cape 1600 6:23	Meile Garrett ST 1600 8:02
5 Alexa Dolan Cape 1600 6:24	Nayeli ST Diaz-Rodelo 1600 8:08
6 Logan Crotty Cape 1600 6:25	Joselyn ST Gonzalez-miguel 1600 8:10
Atly Miller Cape 1600 6:34	Kira Dahl ST 1600 8:31
Lauren Moening Poly 8 1600m, 4x800 6:36	Ayleah Ewette ST 1600 8:55
9 Emily Phillips ST 1600 6:53	18

2024 4 17

START

SPLIT

1-0:00'51 24

2-0:00'53 83

3-0:00'54 33

4-0:00'56 52

5-0:00'59 14

6-0:01'01 24

MEET

VS

Girls

4 X 100

4 X 200

P-1

T-1

C-5

1. Poly

Time 51.24 Place

2.

3.

4.

Team: Tech

Time 53.83 Place

1.

2.

3.

4.

Team: Cup A

Time 54.33 Place

1.

2.

3.

4.

Team: Cape B

Time 56.52 Place

1.

2.

3.

4.

Cape C

59.14

Date _____ MEET _____ VS _____

Relay Girls 4 X 100 4 X 200

Team: Cape D

1. _____
2. _____
3. _____
4. _____

Time 1:00.74 Place _____

Team: Cape E

1. _____
2. _____
3. _____
4. _____

Time 1:06.14 Place _____

Team: _____

1. _____
2. _____
3. _____
4. _____

Time _____ Place _____

Team: _____

1. _____
2. _____
3. _____
4. _____

Time _____ Place _____

EVENT 800/1600 Boys/Girls DATE 4/16/24

1	Harper Mamele Cape 800	2:42	10	Addison Wood Cape 800	3:11
2	Emma Thompson Cape 800	2:49	11	Riley Cathcart Cape 800	3:17
3	Logan Crotty Cape 800	2:49	12	Dot. Moore Cape 800	3:18
4	Blanka Thornton Poly 800m, 4x800, 4x400	2:54	13	Chloe DeFarrest Cape 800	3:19
5	Jenae McCove Poly 800m	2:55	14	Alex Ellis Cape 800	3:20
6	Janie Burkley Cape 800	2:58	15	Suzet Roblero-Roblero ST 800	3:21
7	Ally Miller Cape 800	2:59	16	Sheila Morales-Tzoh ST 800	3:26
8	Leah Sheehan Cape 800	3:07	17	Joselyn Gonzalez-miguel ST 800	3:33
9	Bridgett Cole Cape 800	3:09	1	Kira Dahl ST 800	4:00 Lathya Oneal

Event 55H, 100, 200, 400

Boys/Girls

DATE / /

1	Savannah Stuenson 400m	ST	1:03.3	1	Grace Hines Cape	1:09.08
2	Mia Bender Cape 400		1:06.89	2	Addie Breneman Cape 400	1:11.02
3	Maile Godwin Cape 400		1:07.49	3	Lillian Fisher Cape 400	1:11.58
4	Isabel Mastrangelo Cape 400		1:08.33	4	Naziyah Briscoe ST 400m	1:14.21
5	Ava Mello 400m	Poly	1:09.39	5	Sheryl Morales- Trun ST 400m	1:24.11
6	Jade Seefried 400m	ST	1:10.71	6		

Event 55H, 100, 200, 400
300H

Boys/Girls

DATE 4/16/24

1 2 Grace Johnson 52.7

1 Fletcher 58.41 C

2 4 Keke Johnson
Cape 53.6
300H

2 Maui Ruggiero
Cape 59.09
300H

3 6 Maddy Barze
Cape 57.4
300H

3

4 1 Brock 58.4
C

4

5 3 Gabrielle
Perez P 59.5

5

6 Renee Markland Poly
300H 60.47

6

Event 5514, 100, 200, 400

Boys/Girls

4/26/24

DATE

/ /

1	Zayda Desch Cape 200s	30.53	1	# pg 2
2	Brooklyn Blackwell Cape 200	31	2	
3	Marl Cape 200s	31.42	3	
4	Elena Booth Cape 200	31.6	4	
5	Jenny Haines Cape 200	32.4	5	
6	Jaida Lagonigro Cape 200	35.46	6	

EVENT 5514, 100, 200, 400

Boys/Girls

DATE 4/16/24

1	Rake Johnson 26.89 C 26.9	1	Atia Sabbagh Cape 200 27.77 28.8
2	Kristian Dorsett Poly 200m 27.77 27.8	2	Grace Heers Cape 200 29.49
3	Savannah Stewenson 200m ST 27.89 27.9	3	~~Amayah Bailey~~ ST Amayah Bailey 200m 30.69
4	Walker Poly 28.1 28.1	4	Maxi Ruggiero 30.8
5	Lauren Marchetti Cape 200 29.53 29.6	5	Naziyah Brisco ST 200m 36.4
6	Jacir Seefried 200m ST 33.76 33.8	6	Shelly-Morales ST 200m 38.0 37.59

EVENT: 800/1600 Boys/Girls DATE ///

3200

1	Elyse Fuller 3200m	Poly 12:45.67	10	Ayleah Everette	ST 3200 20:37.49
2	Lily Noonan Cape 3200	12:44.02	11		
3	Ashley Hassel Cape	13:05.58	12		
4	Ava Dolan Cape 3200	13:53.02	13		
5	Natalie Schneider Cape 3200	14:05.67	14		
6	Emily Phillips 3200	ST 15:11	15		
7	Lucy Mongeluzo Cape 3200	16:18.39	16		
8	Aimee Valesquez-Garcia 3200	ST 18:23.89	17		
9	Nayeli Diaz-Rodriguez 3200	ST 18:34.58	18		

Date _____ MEET _____ VS _____

Relay Girls 4 X 100 4 X 200 Girls ~~4 X 400~~

Team: Cape
1. _____ Time 4:35.2 Place _____
2. _____
3. _____
4. _____

Team: Poly
1. _____ Time 4:46.7 Place _____
2. _____
3. _____
4. _____

Team: Cape
1. William Time 5:03.5 Place _____
2. _____
3. _____
4. _____

Team: Cape-Laurin
1. _____ Time 5:14.2 Place _____
2. _____
3. _____
4. _____

Cape-Nat. 5:17.9

Cape 5:37.7

Cameron Harmon Stroh

DISCUS, SHOT PUT, LONG, AND TRIPLE JUMP

Event Girls Long Date 4/16 Meet Cape-Sussex Tech-Pole

TRIALS				FINALS			

Meet Capt-Sussex 1ed7-Pol

1st	Distance	
2nd	Distance	
3rd	Distance	
4th	Distance	
5th	Distance	Field Judges
6th	Distance	Official Scorer

DISCUS, SHOT PUT, LONG, AND TRIPLE JUMP

Event Girls Triple Date 4/16 Meet Cape-Poly-Sussex Inv

Meet Cape-Poly-Sussex

1st	Marley Tyock	Cape	Distance	31.1	
2nd	Anejah Grace-Johnson	Cape	Distance	30.35	
3rd	Camilla Willis	Cape	Distance	29.9	
4th	Nyah Bailey	Stech	Distance	29.4	
5th			Distance		
6th			Distance		

Field Judges
 Official Scorer

[illegible]DATE 2-1-16

HIGH JUMP, POLE VAULT Girls

CAPE - POLY - SUSSEX TECH

0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Addition Bowling C

1ST Addition Summary C

2ND Sierra Leone

Cassidy Yien + 93RD

HLTH
We Subooqns

FILED
Konica

HEIGHT 9'6"

HEIGHT
910

77

HEIGHT 71

HEIGHT 7'6"

Plot 1078

FIELD JUDGES

OFFICIAL SCORES

Cape	5	Cape	5	Poly	9.
Poly	4	Succin	5	Succin	0

CAPE HENLOPEN SCHOOL DISTRICT

EVENT Girls HIGH JUMP, POLE VAULT

DATE 4/10

MEET CAPE - POLY - SUSSEX

4-0 4-2 4-4 4-6 4-8 4-10 5-0 5-2 5-3 5-4 1/2

CONTESTANT	SCHOOL	NO.	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT	HEIGHT
Harper Mamele	✓ Cape		P	P	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Kaylyn Clews	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Kennie Emerson	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Jalusa Hicks	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
WILMAWE LEROS	PT	4-6	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
AYO ADAMOLEKUN	PT		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
BIANKA THALTON	PT	4-8	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
MARIAH MCCABE	ST		P	P	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

WINNERS CAPE VS POLY

- 1ST 1) HARPER MAMELE 5-3
 2ND 2) AYO ADAMOLEKUN 4-8
 3RD 3) KAYLYN CLEWS - 4-8
 4TH
 5TH

HEIGHT CAPE VS SUSSEX

- HEIGHT 1) HARPER MAMELE 5-3
 HEIGHT 2) MARIAH MCCABE 4-10
 HEIGHT 3) KAYLYN CLEWS 4-8
 HEIGHT

SUSSEX VS POLY

- 1) MARIAH MCCABE 4-10
 2) AYO ADAMOLEKUN 4-8
 3) WILMAWE LEROS 4-8
 FIELD JUDGES

OFFICIAL SCORER

David Harper

Event Girls - Discus Date 4/16 Meet Cape Poly-Sussex Tech

Meet Cape Poly-Sussex Tech

1st	Warrington CH 87'6	Distance	Warrington CH 87'6	Mozingo ST 79'
2nd	Ringer CH 78'9	Distance	Mozingo ST 79'10	Wilson ST 76'6
3rd	Booth CH 69'3	Distance	Ringer CH 78'9	Gibbs ST 81'1/2
4th		Distance		
5th		Distance		Field Judges
6th		Distance		Official Scorer

Event Girls - Shot Date 4/16 Meet Cape-Poly-Sussex Tech

Meet Cape-Poly-Sussex Tech

1st	Distance	
2nd	Distance	
3rd	Distance	
4th	Distance	
5th	Distance	
6th	Distance	

Field Judges
 Official Scorer