

CAPE HENLOPEN SCHOOL DISTRICT

5/2/23 Date EVENT	Summers	Dantz	DUAL MEET RESULTS											
			First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
			Name - Pts.	5			Name - Pts.	3			Name - Pts.	1		
4x800	0 0	5 5	Baker, King Martin, Dolphin	D	11:02									
⑨ 100 H	5 5	0 5	K. Claws	S	16.0									
Discus	5 10	4 9	Glenn Rossin	S	96.1	Adamolekun	D	62.4	Epps	D	60.3			
100	8 18	1 10	Rogers	S	12.9	Dagley	S	13.0	Bowden	D	14.6			
4x200	5 23	0 10	Nix, Turpin Byrd, Bonham	S	1:44.2									
High Jump	9 32	0 10	Duke	S	5'2"	Johnson	S	4'6"	Abraham	S	4'6"			
1600	0 32	9 19	Dill	D	5:38.5	Peeler	D	7:07.4	King	D	7:15.8			
① Long Jump	3 35	5 29	T. Steed	D	15.3	Glenn R	S	13.1	—					
4x100	5 40	0 24	Summers Nix Byrd, Turpin	S	52.5									
Shot Put	1 41	8 32	Adamolekun	D	34-5	White	D	31-3 1/4	Evans	S	26-5 1/2			
400	6 47	3 35	Adams	S	64.8	Moore	D	1:11.3	Summers	S	1:14			
300 H	8 55	1 36	B. Duke	S	50.9	Steele	S	53	Reddick	D	55.8			
Triple	1 56	8 44	T. Steed	D	27.5	Reddick	D		Cotton	S	28.5			
④ Pole Vault	5 61	0 42	Dagley	S	6'0"	—			—					
800	0 61	9 53	Dill	D	2:32.2	Ramos	D	2:42	Milstent	D	2:42.6			
200	5 66	5 58	Adams	S	28.3	Moore	P	30.3	Abercrombie	D	31.1			
④ 3200	0 66	5 63	Dill	D	13:41.2	—			—					
4x400	0 66	0 63	—		1:14.5									
TOTAL	66	63												

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Date EVENT	CAPE	Summers	DUAL MEET RESULTS											
			First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
			Name - Pts.	5			Name - Pts.	3			Name - Pts.	1		
4x800	5/5	0/0	Dougherty, Brennan, Kuhlman	C	10.4									
100 H	4/9	5/5	K. Clews	S	16.0	M. Garze	C	18.2	N. Black	C	19.5			
Discus	6/15	3/8	Archambault	C	97.5	Glenn-Rossin	S	96.1	Bledsue	C	95.1			
100	4/19	5/13	Rogers	S	12.9	Pernaro	C	13.0	Carrier	C	13.6			
High Jump	1.5/19.5	8.5/21.5	Duke	S	5'2"	Johnson	S	4'6"	Johnson-Gene Abraham	C S	4'11"			
4x200	0/19.5	5/26.5	Nix Turpin Byrd, Abraham	S	1:44.9									
1600	9/28.5	0/26.5	Kuhlman	C	5:37.5	Miller	C	6:14.5	Brennan	C	6:48.5			
Long Jump	4/32.5	5/31.5	Glenn R	S	13'11"	Trammell	C	12'11"	Massan	C	12.4			
4x100	0/32.5	5/36.5	Summers, Vix Byrd, Turpin	S	1:25									
Shot Put	8/40.5	1/37.5	Archambault	C	30'1"	Warrington	C	28'1/2"	Evans	S	26'5"			
400	6/46.5	3/40.5	Johnson	C	63.3	Adams	S	64.4	Johnson-Grace	C	68.1			
Triple Jump	5/51.5	4/44.5	A. Dougherty	C	31'6"	Cotton	S	28'5"	Rosier-Glen	S	27.1			
Pole Vault	8/59.5	1/46.5	Bowman	C	2'6"	Kluchnik	C	6'0"	Dagley	S	6'0"			
300 H	5/64.5	4/50.5	A. Dougherty	C	48.9	B Duke	S	50.4	Steele	S	53.7			
800	6/70.5	3/53.5	J. Burkley	C	2:46.5	Tittill	S	2:47.5	Brennan	C	2:58.5			
200	8/78.5	1/54.5	K. Johnson	C	26.1	T. Pecorello	C	27.3	Adams	S	28.5			
3200	9/87.5	0/54.5	Zoe Miller	C	13:05.1	N. Sneider	C	13:13.1	H Hassell	C	13:55.3			
4x400	5/42.5	0/54.5	Dougherty, Pecorello Carrier Johnson-Grace	C	4:35.4									
TOTAL	92 1/2	54 1/2												

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Date 5/2/23 EVENT	CAPE	DUAL	DUAL MEET RESULTS											
			First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
			Name - Pts.	5			Name - Pts.	3			Name - Pts.	1		
4x800	5 5	0 0	Dougherty Buckley Brennan Kuhlman	C	10:48									
① 100 H	8 13	0 0	Game	C	18.2	Block	C	19.5						
Discus	9 22	0 0	Archambault	C	97.5	Bledsoe	C	95.1	Warrington	C	84.3			
100	9 31	0 0	Peracero	C	13.0	Carrier	C	13.6	Harris	C	14.3			
4x200	5 36	0 0	Peracero, Carrier Grace John Johnson	C										
High Jump	9 45	0 0	Johnson	C	4.2	Hicks	C	4.4	Erson	C	4.4			
1600	6 51	3 3	Kuhlman	C		Dill	D	5.2	2. Miller	C				
Long Jump	4 55	5 8	T. Steed	D	15.2	Trammell	C	2.9	Massaro	C	12.1			
4x200	5 60	0 8	Carrier, Hershellman, Massaro Trammell	C	55.9									
Shot	1 61	8 16	White	D	31.3	Abrakkin	D	30.5	Archambault	C	30.1			
400	8 69	1 17	K. Johnson	C	1.3.3	Grace Johnson	C	1.3.1	Moore	D	1.4.3			
300 H	6 75	3 20	A. Dougherty	C	48.9	Reddick	D	55.8	Game	C	56.6			
Triple	5 80	4 24	Dougherty	C	3.6	Sook	D	29.5	Reddick	D	29.4			
Pole Vault	8 88	0 24	Bowman	C	7.6	Kluchnik	C	6.0						
800	0 88	9 33	Dill	D	2.3.2	Ramos	D	2.3.2	Milstead	D	2.3.6			
200	8 96	1 34	K. Johnson	C	26.9	Peracero	C	27.3	Moore	D	30.3			
3200	8 104	1 35	2. Miller	C	13.0	N. Snieder	C	13.13	Dill	D	13.4			
4x400	5 109	0 0	Dougherty Peracero Carrier	C	5:23									
TOTAL	109	35	Johnson - Grace		9									

Event 100m 200m 400m Hurdles

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: <u>Smyrna</u> Athlete: <u>Amaris Rogers</u> Event: <u>100m</u>	12.93	1. Team: <u>CAPE</u> Athlete: <u>Audrey Herchelman</u> Event: <u>100</u>	14.28
2. Team: <u>CAPE</u> Athlete: <u>Talia Peraccio</u> Event: <u>100</u>	12.96	2. Team: <u>DHS</u> Athlete: <u>Amelie Abercrombie</u> Event: <u>100m</u>	14.59
3. Team: <u>CAPE</u> Athlete: <u>Ashley Carrier</u> Event: <u>100</u>	13.52	3. Team: <u>CAPE</u> Athlete: <u>Sophia Lepski</u> Event: <u>100</u>	14.66
4. Team: <u>Smyrna</u> Athlete: <u>Saniya Dagley</u> Event: <u>100m</u>	13.63	4. Team: <u>CAPE</u> Athlete: <u>Shanee White</u> Event: <u>100</u>	15.08
5. Team: <u>Kiara Bowden</u> Athlete: <u>DHS</u> Event: <u>100m</u>	14.56	5. <u>Auriana Moore Dover</u>	16.06
6. Team: <u>Amari Russ</u> Athlete: <u>DHS</u> Event: <u>100m</u>	15.56	6. <u>Laiya Word</u> <u>CAPE</u>	16.28
7. Team: <u>CAPE</u> Athlete: <u>Amaya Harris</u> Event: <u>100</u>	14.3	7. Team: <u>CAPE</u> Athlete: <u>Leon Reddy</u> Event: <u>100</u>	15.41
8. Team: <u>CAPE</u> Athlete: <u>Jordan Cohen</u> Event: <u>100</u>	16.02	8. Team: <u>CAPE</u> Athlete: <u>Jordan Cohen</u> Event: <u>100</u>	17.07

Event 100m 200m 400m Hurdles

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: <u>Cape</u> Athlete: <u>Beke Johnson</u> Event: <u>200</u>	26.87 (1)	1. Team: <u>Cape</u> Athlete: <u>Cara Emory</u> Event: <u>200</u>	31.72 (9)
2. Team: <u>Cape</u> Athlete: <u>Talia Pinnas</u> Event: <u>200</u>	27.28 (2)	2. Team: <u>Cape</u> Athlete: <u>Sidney Robinson</u> Event: <u>200</u>	33.0 (12 tie)
3. Team: <u>Smymna</u> Athlete: <u>Mya Adams</u> Event: <u>200 m</u>	28.44 (3)	3. Team: <u>DHS</u> Athlete: <u>Auriana Moore</u> Event: <u>200</u>	35.02
4. Team: <u>DHS</u> Athlete: <u>Danielle Abercrombie</u> Event: <u>200 m</u>	31.07 (5)	4. <u>Amaya Harris</u> <u>Cape</u>	31.99 (10)
5. Team: <u>DHS</u> Athlete: <u>Kylei Yearsley</u> Event: <u>200 m</u>	31.27 (8)	5. Team: <u>DHS</u> Athlete: <u>Amari Ross</u> Event: <u>200</u>	33.0 (12 tie)
6. Team: <u>Jayla Moore</u> Athlete: <u>DHS</u> Event: <u>200 m</u>	30.28 (4)	6. Team: <u>Cape</u> Athlete: <u>Jerry Haines</u> Event: <u>200</u>	33.49
7. Team: <u>Kirlyn Bowden</u> Athlete: <u>DHS</u> Event: <u>200 m</u>	31.08 (6)	7. Team: <u>Cape</u> Athlete: <u>Cora Holger</u> Event: <u>200</u>	33.60
8. <u>Lauren Macnetti</u> <u>Cape</u> <u>Lauren M.</u>	31.1 (7)	8.	

Event 100m 200m 400m Hurdles

Girls / Boys

Name & School	Time	Name & School	Time
1. Charlotte Dane	32.71	1.	
2. Team: Cape Athlete: Sunday Cohen Event: 200	36.02	2.	
3. Tori Jaynes	38	3.	
4. Laiya Ward	39.55	4.	
5.		5.	
6.		6.	
7.		7.	
8.		8.	

Event 100m 200m 400m Hurdles

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: <u>Samyria</u> Athlete: <u>Kaitiah Crews</u> Event: <u>100 Hurdles</u>	16.00	1.	
2. Team: <u>CAPE</u> Athlete: <u>Maddy Grizzle</u> Event: <u>100 H</u>	18.15	2.	
3. Team: <u>Cape</u> Athlete: <u>Nora Block</u> Event: <u>100 Hurdles</u>	19.43	3.	
4.		4.	
5.		5.	
6.		6.	
7.		7.	
8.		8.	

Event 100m 200m 400m Hurdles Girls / Boys

Name & School		Time	Name & School		Time
1.	Team: <u>Cape</u> Athlete: <u>Nora Block</u> Event: <u>200H</u> <u>47.9</u>	4.	1.	Nora Block 59.4	4.
2.	Team: <u>Smyrna</u> Athlete: <u>Brooke Duke</u> Event: <u>300 H</u> <u>50.33</u>	2.	2.	Jaysia Hicks 60.9	3.
3.	Team: <u>Smyrna</u> Athlete: <u>Alyssa Steele</u> Event: <u>300 H</u> <u>57.7</u>	5.	3.		
4.	Team: <u>Raaga Reddick</u> Athlete: <u>D.H.S</u> Event: <u>300m Hurdles</u> <u>53.8</u>	3.	4.		
5.	Team: <u>Cape</u> Athlete: <u>Isabella Gartzel</u> Event: <u>300H</u> <u>56.4</u>	1.	5.		
6.			6.		
7.			7.		
8.			8.		

Event 100m 200m 400m Hurdles

Girls / Boys

Name & School	Time	Name & School	Time
1. Keki Johnson Cape	1:03.3	Team: <u>CAPE</u> Athlete: <u>Leah Robinson</u> 1. Event: <u>100</u>	1:13.92
2. Team: <u>Smyrna</u> Athlete: <u>Mya Adams</u> Event: <u>400 m</u>	1:04.36	2. Team: <u>DHS</u> Athlete: <u>Kylei Yearberg</u> Event: <u>400 m</u>	1:14.30
3. Anejah Johnson Cape	1:08.08	3. Team: <u>Cape</u> Athlete: <u>Adrian Ward</u> Event: <u>400</u>	1:17.24
4. Team: <u>Jayla Moore</u> Athlete: <u>DHS</u> Event: <u>400 m</u>	1:11.21	4. Team: <u>DHS</u> Athlete: <u>Auriana Moore</u> Event: <u>400 m</u>	1:22.30
5. Marley Summers Smyrna	1:13.92	5. Team: <u>ABSSATO Epps</u> Athlete: <u>DHS</u> Event: <u>400 m</u>	1:25.30
6. Team: <u>DHS</u> Athlete: <u>Amauri Russ</u> Event: <u>400 m</u>	1:18.83	6.	
7. Avery Ritchy Cape	1:09.52	7.	
8. Team: <u>Smyrna</u> Athlete: <u>Kellias Nix</u> Event: <u>400 m</u>	1:12.83	8.	

800m / 1600m / 3200m

Girls / Boys

Name & School	Time	Name & S-I	Time
1. Team: DHS Athlete: Liz Dill Event: 800	2:32.8	9. Team: Cape Athlete: Elise Landon Event: 800	3:01.1
2. Team: DHS Athlete: Elaina Ramos Event: 800	2:42.5	10. Team: DHS Athlete: Vy Anna Peeler Event: 800	3:02.0
3. Team: DHS Athlete: Maya Hilstad Event: 800	2:43.6	11. Team: DHS Athlete: Alex Baker Event: 800	3:04.0
4. Team: DHS Athlete: Mila Hilstad Event: 800	2:44.0	12. Team: Cape Athlete: Rachel Colman Event: 800	3:05.0
5. Team: Cape Athlete: Sarah Bailey Event: 800	2:46.8	13. Team: Cape Athlete: Bridget Event: 800	3:07.6
6. Team: Smyrna Athlete: Tierra Hill Event: 800 m	2:47.8	14. Team: Cape Athlete: Chloe DeForest Event: 800	3:09.9
7. Team: Cape Athlete: Abby Brennan Event: 800	2:55.8	15. Team: Cape Athlete: Jaida Logan Event: 800	3:24.0
8. Team: Cape Athlete: [unclear] Event: 800	2:58.1	16. Team: Cape Athlete: [unclear] Event: 800	3:27.7

Team: DHS
Athlete: Brooklyn Martin
Event: 800
3:42.2

Event 800m / 1600m / 3200m

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: <u>Cape</u> Athlete: <u>Katy Kuhnman</u> Event: <u>1600</u>	5:37.9	9. Team: <u>DHS</u> Athlete: <u>Savannah King</u> Event: <u>1600</u>	7:15.8
2. Team: <u>DHS</u> Athlete: <u>Liz Dill</u> Event: <u>1600</u>	5:38.5	10. Team: <u>Cape</u> Athlete: <u>Maya Thompson</u> Event: <u>1600</u>	7:25.7
3. <u>Zoe Miller</u> <u>Cape</u>	6:14.5	11. Team: <u>DHS</u> Athlete: <u>Jadyn Dolphin</u> Event: <u>1600</u>	8:03.8
4. Team: <u>Cape</u> Athlete: <u>Ashe Freeman</u> Event: <u>1600</u>	6:28.3	12.	
5. <u>Chloe</u> <u>Reformist</u> <u>Cape</u>	6:29.1	13.	
6. Team: <u>Cape</u> Athlete: <u>Lillian Fisher</u> Event: <u>1600</u>	6:32.2	14.	
7. Team: <u>Cape</u> Athlete: <u>Ally Miller</u> Event: <u>1600</u>	6:44.3	15.	
8. Team: <u>DHS</u> Athlete: <u>Ky Anna Peeler</u> Event: <u>1600</u>	7:07.4	16.	

5/2/23 DATE.

Cape | Smyrna | Dover

$\frac{1}{2}$

Results:

Results:

Case / Smynaal Divers

Cape Vs Smyrna			Cape Vs Dover		
Name:	School	Performance	Name:	School	Performance
Doughty	Cape	31.6	Doughty	Cape	31.6
Milcan	Smyrna	28.5	Wittsick	Dover	29.5.5
Cotton	Smyrna	27.7	Rampdick	Dover	29.4
Pacific	Smyrna				

Cape Vs Dover		
Name:	School	Performance
Tomp	Dover	29.5.5
Rampdick	Dover	29.4
Milcan	Smyrna	28.5

Cape Vs Dover		
Name:	School	Performance

Cape Vs Dover		
Name:	School	Performance

Event	Date	Meet
71.45 Long Jump	5/12/23	Wright / 5/12/23

Age / Smoker / Dicer

Results:	
<u>Sally</u> Vs <u>Dave</u>	
Name: School Performance	Name: School Performance

[illegible][illegible]

DISCUS, SHOT PUT, LONG, AND TRIPLE JUMP

Event Girls Shot Date 5/2/23 Meet Cape Smyrna Dover

CONTESTANTS	SCHOOL	NO.	TRIALS			
			First	Second	Third	Fourth
			Distance Ft. In.	Distance Ft. In.	Distance Ft. In.	Distance Ft. In.
Alyssa Epps	Dover		16 5	18 10	18 8	
LEANE Duffield	Dover		18 3 1/2	15 5	18 4	
Shelene Morales	SMY		19 0 17	4 17	1 1/2	
Sullivan Solen	SMY		17 5 1/2	17 83 1/4	17 2	
Blue Williams	CP		—	—	—	
Tom Tolson	SMY		24 1 1/2	23 5	20 5	
Cadlyn Robsac	CP		23 5 1/2	24 5	24 10 1/2	
Melany Aschenbault	CP		30 1	—	30 1	
Elizabeth Evans	SMY		22 5 1/4	24 10	26 5 1/2	
Kennel Adomolekun	Dover		30 5 1/2	29 9 1/2	34 5	
Sade Williams	CP		26 1	26 9 1/2	26 1 1/2	
Ah. White	Dover		31 3 1/4	26 6	28 8 1/2	

Cape Vs Smyrna			Cape Vs Dover		
Name:	School	Performance	Name:	School	Performance
Ashley	CP	30' 1"			
Martina	CH	28' 1 1/2"			
Evans	S	26' 5 1/2"			

Results: Vs Dover			Vs		
Name:	School	Performance	Name:	School	Performance
Adomolekun	D	34-5			
White	D	31' 3 1/2"			
Evans	S	26' 5 1/2"			

Evans SMY 26' 5 1/2"			Vs		
Name:	School	Performance	Name:	School	Performance
White	D	31' 3 1/2"			
Adomolekun	D	30' 5 1/2"			
Aschenbault	CP	30' 1"			

Results: Vs			Vs		
Name:	School	Performance	Name:	School	Performance

DISCUS, SHOT PUT, LONG, AND TRIPLE JUMP

Event

Girls

Date 5/2/23

Meet

Cape Smyrna Dover

CONTESTANTS	SCHOOL	NO.	TRIALS			
			First	Second	Third	Fourth
			Distance	Distance	Distance	Distance
			Ft. In.	Ft. In.	Ft. In.	Ft. In.
Michael Flanagan	Dover	1	62	4	2	
Jade Hargrett	Cape	1	84	3	7	79
Alayia Arch	Cape	1	95	3	0	7
Ki White	Dover	1	-	-	-	-
Elis Horgan	Cape	1	47	7	42	10
Michael Flanagan	Dover	1	45	10	45	1
Michael Flanagan	Dover	1	-	52	-	58
Michael Flanagan	Dover	1	96	11	96	9
Corey Hatter	Cape	1	38	1	39	0
Michael Flanagan	Dover	1	92	3	0	1
Michael Flanagan	Dover	1	95	0	95	11

Cape vs Smyrna	Cape vs Dover
Name: Archiebault	Name: Archiebault
School: CH	School: CH
Performance: 97'5	Performance: 97'5
Name: Ben-Ross	Name: Ben-Ross
School: S	School: S
Performance: 96'11	Performance: 96'11
Name: Blake	Name: Blake
School: CH	School: CH
Performance: 95'11	Performance: 95'11

Cape vs Dover	Cape vs Dover
Name: Steven	Name: Steven
School: S	School: S
Performance: 96'11	Performance: 96'11
Name: Arlando	Name: Arlando
School: D	School: D
Performance: 68'4	Performance: 68'4
Name: Epps	Name: Epps
School: D	School: D
Performance: 68'3	Performance: 68'3

Cape vs Dover	Cape vs Dover
Name: Arlando	Name: Arlando
School: CH	School: CH
Performance: 97'5	Performance: 97'5
Name: Arlando	Name: Arlando
School: CH	School: CH
Performance: 95'11	Performance: 95'11
Name: Varrault	Name: Varrault
School: CH	School: CH
Performance: 84'3	Performance: 84'3

Results: Vs	Results: Vs
Name: Vs	Name: Vs
School: Vs	School: Vs
Performance: Vs	Performance: Vs