

CAPE HENLOPEN SCHOOL DISTRICT

Girls

4/18/23

Date EVENT	CAPE	SC	DUAL MEET RESULTS											
			First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
			Name - Pts.				Name - Pts.				Name - Pts.			
4x800	5/0	0/0	Dougherty Burkley Fisher		C	11:57								
Discus	8/13	1/1	Archambault		C	101'	Bledsie		C	99'	Shapard		SC	79'
100 m H	3/16	6/7	Briddell		SC	15.7	Gazze		C	17.8	Kelsie		SC	17.4
100 m	1/17	8/15	White		SC	12.53	Harmon		SC	12.8	Carrier		C	13.5
Long Jump	4/21	5/20	Kelsie		SC	15'11"	K Johnson		C	14'3"	Hershelman		C	12'6"
4x200	5/26	0/20	K Johnson Johnson Grace Fenn		C	1:44.7								
Shot	5/31	4/24	Archambault		C	29.72	Shapard		SC	27'11"	Lloyd		SC	27'4"
1600	3/34	6/30	Vallareal		SC	6:02.7	Ruppert		C	6:09.2	Cummings		SC	6:21.1
4x100	0/34	5/35			SC	58.9								
400	6/40	3/38	K Johnson		C	63.5	Moure		SC	70.49	Fisher		C	70.74
① High Jump	8/48	0/38	A. Johnson		C	4'8"	Everson		C	4'4"				
300 H	9/57	0/38	Briddle		SC	48.5	Dougherty		C	49.5	Riggard		C	57.21
① Triple	8/65	0/38	Dougherty		C	31'7"	Massaro		C	29'				
800	9/44	0/38	Burkley		C	2:44.2	Kucharik		C	2:50.3	Ruppert		C	2:52.4
200	3/37	6/44	White		SC	26.22	K. Johnson		C	27.5	Harmon		SC	27.8
PV	9/86	0/44	Bowman		C	9'6"	Greenly		C	6'6"	Kluchrik		C	5'6"
3200	8/94	1/45	Miller		C	13:12	Schneider		C	13:08	Vallareal		SC	
4x400	5/99	0/45			C	4:44.2								
TOTAL	99	45												

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Girls

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			First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
			Name - Pts.				Name - Pts.				Name - Pts.			
4x800	5/5	0/0	Dougherty Burke Brenner Fisher		C	11:57.7								
100mH	6/11	3/3	Garze		C	17.8	Patterson		CR	18.75	Black		C	19.4
Discus	8/19	1/4	Archambault		C	101.2	Bledsoe		C	94.0	Tolson		CR	82.3
100	1/20	8/12	Wilson		CR	13.3	Edward +		CR	13.5	Carrier		C	13.5
Long Jump	4/24	5/17	Hammok		CR	15.1	Johnson		C	14.3	Hersthalmas		C	12.15
4x200	5/29	0/17	Johnson, Carrier Johnson-Bruce Pecoraro		C	1:44.7								
Shot	1/30	8/25	Wallop		CR	51.11 1/2	Tolson		CR	50.2	Archambault		C	29.7 1/2
1600	1/31	8/33	Zura		CR	5:47	Lail		CR	5:52.5	Ruppert		C	6:02.9
4x100	5/36	0/33	Carrier, Johnson Fury Pecoraro		C	53.4								
400	5/41	4/37	K. Johnson		C	63.5	Blackwell		CR	64.7	Towns		CR	65.96
High Jump	4/45	5/42	Mosley		CR	4'10	A. Johnson		C	4'8	Everson		C	4'4
Triple	8/53	1/43	Dougherty		C	31.7	Massaro		C	29.8	Hammick		CR	28.70
300M	9/62	0/43	Dougherty		C	41.58	Rigorio		C	51.2	Garze		C	58.21
800	0/62	9/52	Blackwell		CR	2:38.7	Zura		CR	2:40.0	Lowl		CR	2:42.0
PV	4/66	5/58	Cholewa		CR	10'0	Bownan		C	9'2	Mosley		(CR)	7'0
3200	9/73	0/58	K. Johnson		C	24.5	Pecoraro		C	27.07	Carrier		C	28.31
3200	6/81	3/61	Z. Miller		C	13.2	Lewis		CR	13.4	Schmidt		C	13.5
4x400	5/86	0/61	Dougherty		C	4:42.10								
TOTAL	86	61												

CAPE HENLOPEN SCHOOL DISTRICT

Date EVENT	CAPE	SC	DUAL MEET RESULTS											
			First Place		School	Perfor- mance	Second Place		School	Perfor- mance	Third Place		School	Perfor- mance
			Name - Pts.				Name - Pts.				Name - Pts.			
4x800	5/5	0/0	Kilge, Patel Funk, Covee		CR									
Discus	8/13	1/1	Tubon		CR	82.3	Raber		CR	81.7	Shoppard		SC	79.8
100m H	1/14	8/9	Briddell		SC	15.90	Kelsic		SC	17.9	Patterson		CR	18.75
100	1/15	8/17	White		SC	12.5	Harmon		SC	12.8	Wilson		CR	13.3
Long Jump	4/19	5/22	Kelsic		SC	15.1	Hammock		CR	15.1	Patterson		CR	12.10
4x200	5/24	0/22	Clayton Thoms, Friedman Wilson		CR	1:55.3								
Shot	8/32	1/23	Wallop		CR	31.02	Tolson		CR	31.0	Shoppard		SC	27.10
1600	8/40	1/24	Zura		CR	5.47	Lail		CR	5.57	Villareal		SC	6:02.7
4x100	0/40	5/29	Harmon, White Briddell, Kelsic		SC	48.45								
400	8/48	1/30	Blackwell		CR	6.97	Towns		CR	6.52	Moore		SC	7:04.4
High	5/53	0/30	Mosley		CR	4'10"								
Triple	8/61	0/30	Hammick		CR	28.7	Patterson		CR	27.2				
300 H	0/61	5/35	Briddell		SC	48.5								
800	9/70	0/35	Blackwell		CR	2:38	Zura		CR	2:40	Howl		CR	2:42.2
200	8/78	0/35	Cholewa		CR	10.6	Mosley		CR	7'0"				
2200	1/79	8/43	White		SC	24.3	Harmon		SC	24.5	Wilson		CR	28.44
3200	5/84	4/47	Lewis		CR		Villareal		SC		Cummings		SC	
4x400	5/89	0/47			CR	4:45.8								
TOTAL	89	47												

Event 100m 200m 400m Hurdles 100 - 300

Girls / ~~Boys~~

Name & School	Time	Name & School	Time
1. Team: <u>CR</u> Athlete: <u>Angela Angel Duckworth</u> Event: <u>100</u> 13.97	2	1. Team: <u>CR</u> Athlete: <u>Brianna Ford</u> Event: <u>100</u> 14.66	3
2. Team: <u>CAPE</u> Athlete: <u>Audrey Hershelman</u> Event: <u>100</u> 14.21	6	2. Team: <u>CAPE</u> Athlete: <u>Aryean Smith</u> Event: <u>100</u> 15.41	2
3. Team: <u>CAPE</u> Athlete: <u>Amaira Harris</u> Event: <u>100</u> 14.20	3	3. Team: <u>CAPE</u> Athlete: <u>Amaira Harris</u> Event: <u>100</u> 15.7	6
Team: <u>CR</u> Athlete: <u>Giovanna Simmons-Walker</u> Event: <u>100</u> 14.81	5	4. Team: <u>CAPE</u> Athlete: <u>Leah R.</u> Event: <u>100</u> 14.35	4
5. Team: <u>CAPE</u> Athlete: <u>Cora Emory</u> Event: <u>100</u> 15.07	1	5. Team: <u>CAPE</u> Athlete: <u>Jordah Cohen</u> Event: <u>100</u> 17.0	1
6. Team: <u>SC</u> Athlete: <u>Kelonia Sullivan</u> Event: <u>100m</u> 16.66	4	6. Team: <u>CAPE</u> Athlete: <u>Tori Toyner</u> Event: <u>100</u> 18.14	3
7.		7. Team: <u>CAPE</u> Athlete: <u>Charlotte Dange</u> Event: <u>100</u> 15.94	5
8.		8. Team: <u>CAPE</u> Athlete: <u>Jazmine</u> Event: <u>100</u> 15.94	3

Event 100m 200m 400m Hurdles 100 - 300

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: SC Athlete: <u>Damonide White</u> Event: <u>100m</u> 12.53	1	1. Team: CR Athlete: <u>Rikyh Edwards</u> Event: <u>100</u> 13.50	2
2. Team: SC Athlete: <u>Destini Harmon</u> Event: <u>100m</u> 12.78	4	2. <u>Sada Furey</u> 13.54 C	
3. Team: CR Athlete: <u>Tanner Wilson</u> Event: <u>100</u> 13.28	2	3. Team: SC Athlete: <u>Jordyn Calahan</u> Event: <u>100m</u> 13.55	
4. Team: CAPE Athlete: <u>Ashley Carrier</u> Event: <u>100</u> 13.53	3	4. Team: SC Athlete: <u>Whitney Winder</u> Event: <u>100m</u> 13.59	
5. Team: CR Athlete: <u>Brooklyn Bonds</u> Event: <u>100</u> 14.09	5	5. Team: CR Athlete: <u>Sarah May</u> Event: <u>100</u> 14.53	
6. Team: CAPE Athlete: <u>Laiya Ward</u> Event: <u>100</u> 15.49	6	6. Team: CAPE Athlete: <u>Piper Price</u> Event: <u>100</u> 14.63	
7.		7.	
8.		8.	

Event 100m 200m 400m Hurdles

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: SC Athlete: Essence Briddell Event: 300H Hurdle 15.97	3	1. Team: CAPE Athlete: Nora Black Event: 100H 19.39	5
2. Team: CAPE Athlete: Maddy Gaze Event: 100H 17.81	2	2. Team: CAPE Athlete: McKenzie Everson Event: 100H 19.69	3
3. Team: SC Athlete: Tathana Kelsic Event: 100H 17.89	6	3. Team: CR Athlete: Raegan Dawicki Event: 100H 20.93	4
4. Team: CR Athlete: Laurel Patterson Event: 100H 18.75	11	4.	
5. Team: CR Athlete: Timarah Hammack Event: 100H 19.57	4	5.	
6. Team: CAPE Athlete: Maxine Ruggiero Event: 100H 20.37	5	6.	
7.		7.	
8.		8.	

Event 100m 200m 400m Hurdles

100 = 300

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: SC Athlete: <u>Dominice White</u> Event: <u>200m</u>	3 26.26	1. Team: <u>CAPE</u> Athlete: <u>Ashley Carrier</u> Event: <u>200</u>	4 28.3
2. Kadee Johnson - C	5 26.47	2. Team: <u>CR</u> Athlete: <u>Londan Phillips</u> Event: <u>200</u>	1 28.32
3. Destiny Harmon - SC	6 26.84	3. Sada Furry - C	2 29.13
Team: <u>CAPE</u> Athlete: <u>Talia Pecoraro</u> Event: <u>200</u>	2 27.09	4. Team: <u>CR</u> Athlete: <u>Aly Rosebury</u> Event: <u>200</u>	5 30.39
Team: <u>CR</u> Athlete: <u>Journey Wilson</u> Event: <u>200</u>	4 28.44	5. Team: <u>CR</u> Athlete: <u>Giavanna Simmons-Walker</u> Event: <u>200</u>	3 33.09
Team: <u>CR</u> Athlete: <u>Paige Ford-Ford</u> Event: <u>200</u>	1 28.64	6. Cora Halfter - C	6 32.83
7.		7.	
8.		8.	

Event 100m 200m 400m Hurdles

100 - 500

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: CR Athlete: <u>Ganiyah May</u> Event: <u>200</u>	4 29.94	1. Team: CR Athlete: <u>Angel Blackwell</u> Event: <u>200</u>	2 29.66
2. Brooklyn Blackwell - C	1 30.00	2. Brooklyn Bounds - CR	6 30.5
3. Team: CR Athlete: <u>Kiole Hall</u> Event: <u>200</u>	2 30.80	3. Team: CR Athlete: <u>Samin Parks</u> Event: <u>200</u>	4 31.60
4. CAPE LAUREN Marchetti 200	3 30.83	4. Team: CAPE Athlete: <u>Saida Lagonigro</u> Event: <u>200</u>	1 34.44
5. Team: CR Athlete: <u>Erin Davis</u> Event: <u>200</u>	6 35.15	5. Team: CAPE Athlete: <u>Brianna H.</u> Event: <u>200</u>	5 35.9
6. Team: CAPE Athlete: <u>Maya Thompson</u> Event: <u>200</u>	5 36.65	6. Team: Cape Henlopen Athlete: <u>Michaela Kwa</u> Event: <u>200 meter dash</u>	3 38.4
7.		7.	
8.		8.	

Event 100m 200m 400m Hurdles

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: SC Athlete: Jordan Calahan Event: 200m	1 30.35	1.	
2. Team: CR Athlete: Brianna Ford Event: 200	2 30.96	2.	
3. Amaya Harris - C	3 30.52	✓ 3.	
4. Team: SC Athlete: Tiana Davis Event: 200m	4 31.77	4.	
5. Team: SC Athlete: Kelana Sullivan Event: 200m	5 37.37	5.	
6.		6.	
7.		7.	
8.		8.	

Event 100m 200m 400m Hurdles 100 - 300

Girls / Boys

Name & School	Time	Name & School	Time
1. Team: CAPE Athlete: Keke Johnson Event: 400	3 1:03.5	1. Team: SC Athlete: TeLeia Moore Event: 400m	1 1:10.4
2. Team: CR Athlete: Alexis Blackwell Event: 400	2 1:04.7	2. Team: CR Athlete: Kioe Hall Event: 400	2 1:11.7
3. Team: CR Athlete: Kierra Towns Event: 400	5 1:05.9	3. Team: CR Athlete: Semin Event: 400	5 1:14.0
4. Team: CAPE Athlete: Lillian Fisher Event: 400	6 1:10.7	4. Team: SC Athlete: Desire Youmans Event: 400m	4 1:17.1
5. Team: Sussex Central Athlete: Lily Allen Event: 400m	1 1:24.7	5. Team: CAPE Athlete: Brianna Holston Event: 400	6 1:24.
6. Team: SC Athlete: Cheryle Berry Event: 400m	4 1:36.9	6. Team: CAPE Athlete: Jaida Lagonigro Event: 400	3 1:24.
7.		7. Team: CR Athlete: Aly Raspberry Event: 400	3 1:12.8
		8. Team: Cape Athlete: Addison Wood Event: 400	4 1:19.9

Date 4/18/23 MEET Bay vs CE SC

1600m 800m 3200m

Girls

	School	Time	Place
1	Alexis Blackwell	CR	2:38.74
2	Hannah Zura	CR	2:40.05
3	Drew Laal	CR	2:42.17
4	Janet Berkeley	C	2:49.11
5	Anna Kucharik	C	2:50.32
6	Ellie Ruppert	C	2:52.39
7	Addie Brenneman	C	2:56.8
8	Avery Ritchie	C	2:58.08
9	Isabella Austin	CR	3:04.42
10	Leah Sheahan	C	3:07.55
11	Bridgett Cole	C	3:08.27
12	Chloe De Forrest	C	3:10.58
13	Ellie Landon	C	3:14.27
14	Nicky Calhoun	C	3:18.95
15	Emma Fragan	SC	3:20.45
16	Lily Allen	SC	3:20.02
17	Maya Thompson	C	3:31.17
18	Ellis Hogan	C	3:45.27
19			
20			
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22			
23			
24			
25			
26			
27			
28			

x Girls

800 m.

Date 4/18/23 MEET Cape vs CR / SC

1600m 800m 3200m

Boys

	School	Time	Place
1	Liam O'Donnell	C	2:03.9
2	Ben Clifton	C	2:04.
3	Fan Cain	CR	2:05.1
4	Carden Benjamin	C	2:07.4
5	Maddox Darns	CR	2:08.1
6	Duncan Winger	SC	2:09.4
7	Gio Polermo	C	2:19.5
8	Brook Elliott	SC	2:19.8
9	Gavin Luideman	C	2:22.3
10	Lipoul Tilahun	CR	2:22.7
11	Evan Finnimore	CR	2:23.4
12	Lawson Whaley	C	2:31.8
13	Landon King	SC	2:33.1
14	Jaylier Long	C	2:34.2
15	Owen Mattioni	C	2:35.9
16	Charlie Wissman	CR	2:36.3
17	Anthony Lapierre	CR	2:37.4 / 2:38.8
18	Seth Pace	SC	2:37.2 / 2:37.4
19	Jia Han	C	2:40.2 / 2:39.2
20	Birux Tilahun	CR	2:42.4 / 2:40.2
21	Josh Cohen	C	2:47.4 / 2:42.4
22	Cooper Nathan	C	2:51.2 / 2:47.4
23	Masson Marrone	C	3:03.6 / 2:51.2
24	Mummad Sabutra	SC	3:07.7 / 3:03.6
25	Elias Morales	SC	3:48.7 / 3:07.7
26	Victor Chilelli	C	3:48.7
27			
28			

X Girls

000 m

Date 4/18/23 MEET Cape vs CR/SC

1600m 800m 3200m

8910
Girls

	School	Time	Place
1	Hannah Zura	CR	5:47.33
2	Dreux Lail	CR	5:57.49
3	Mary Villareal	SC	6:02.70
4	Ellie Ruppert	C	6:09.61
5	Natalie Lewis	CR	6:14.74
6	Taylor Cummings	SC	6:21.99
7	Zoe Miller	C	6:22.95
8	Addie Breneman	C	6:24.45
9	Chloe DeForest	C	6:24.55
10	Hailey Hassell	C	6:24.65
11	Nathalie Schneider	C	6:25.14
12	Isabell Austin	CR	6:42.36
13	Tisha Patel	CR	7:40.74
14	Maya Thompson	C	7:51.27
15			
16			
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22			
23			
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25			
26			
27			
28			

X Girls

1600m

Date 4/18/23 MEET Cape vs SC/CR

SC
Cape
Cape

1600m 800m 3200m

	School	Time	Place
1 Ryan Baker	C	4:40.64	
2 Evan Easton	CR	4:48.33	
3 Duncan Winger	SC	4:48.80	
4 Cordin Benjamin	C	4:50.11	
5 Maddox Downs	CR	4:52.80	
6 Gio Palermo	C	4:57.64	
7 Jonathan Bush	CR	5:06.14	
8 Gavin Wideman	C	5:07.33	
9 Liadul Tilahun	CR	5:18.33	
10 Zach Mills	CR	5:19.99	
11 Lawson Whaley	C	5:23.92	
12 Anthony Latierre	CR	5:30.08	
13 Josh Cohen	C	5:32.11	
14 Landon King	SC	5:37.02	
15 Owen Mattioli	C	5:38.64	
16 Saylier Long	C	5:40.52	
17 Biruk Tilahun	CR	5:48.24	
18 Clay Wakefield	C	5:49.49	
19 Jia Han	C	6:00.05	
20 Cooper Nathan	C	6:01.30	
21 Mason Morrone	C	6:07.74	
22 Parker Winn	C	6:09.17	
23 Braeden Higbee	CR	6:18.36	
24 Elias Morales	SC	6:31.08	
25 Victor Chilelli	C	7:46.83	
26			
27			
28			

X Girls

1600m

Date _____ MEET _____ vs Cape/CR/SC

1600m ~~800m~~ 3200m

	School	Time	Place
1	Groffman Spang - CR	10:10.33	
2	Jason Baker - C	10:11.27	
3	Max Gillen - C	10:21.14	
4	Tim Carr CR	10:23.14	
5	Evan Foster - CR	10:23.99	
6	Kaleb Price CR	10:26.59	
7	Joey DeGregory - C	10:29.84	
8	Jonathan Benish CR	10:40.77	
9	Brayden Nidd - C	11:07.08	
~~10~~			
11	Zack Mills - CR	11:37.27	
G 12	Zoe Miller - C	13:12.36	
G 13	Natalie Lewis CR	13:44.38	
G 14	Natalie Schneider - C	13:57.24	
G 15	Mary Villanar SC	14:00.58	
G 16	Ally Miller - C	14:21.80	
17	Hailey Russell - C	14:27.89	
18	Taylor Cummy SC	14:31.02	
19	Morgan Funk CR		
20			
21			
22			
23			
24			
25			
26			
27			
28			

x Girls

800 m.

Event Girls shot Date 4/18/23 Meet Cape CR-SC

1st	Wallop CR	Distance	31' 11 $\frac{1}{2}$	Archambault	Wallop CR	31' 11 $\frac{1}{2}$
2nd	Tolson CR	Distance	31' 0	29' 7 $\frac{1}{2}$ CH	Tolson CR	31' 0
3rd	Archambault	Distance	29' 7 $\frac{1}{2}$	2	Sheppard	27' 10 $\frac{1}{2}$
4th		Distance		Sheppard	SC	
5th		Distance		SE 27' 10 $\frac{1}{2}$		Field Judges
6th		Distance		Lloyd SE		Official Scorer

DISCUS, SHOT PUT, LONG, AND TRIPLE JUMP

Event Girls Discus Date 4/18/23 Meet Cape CR SC

[illegible]

1st	Archambault	CH	Distance	101'6"	CH vs SC	
2nd	Bledsoe	CH	Distance	94'0"	Archambault	CH 101'6"
3rd	Tolson	CR	Distance	82'3"	Bledsoe	CH 94'0"
4th			Distance		Shepard	SC 70'8"
5th			Distance	CR vs SC		Field Judges
6th			Distance			Official Scorer

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Cape Henlopen High School

Tolson CR 82-3
Rabert CR 81-9.

Event Girls LD Date 4/18/23 Meet Cape CP SC

1st	Cen	Kelsie	15	Distance	Hammock	15-1	Cen	Kelsie
2nd	Cape	Johnson	14-3	Distance	Johnson	14-3	Cape	Hammock
3rd	Cape	Herrshelman	12-6	Distance	Herrshelman	12-10	Cape	Patterson
4th				Distance				
5th				Distance				Field Judges
6th				Distance				Official Scorer

TRIPLE JUMP

Girls TJ

Cher	VS	CR				Cher	SC				SC	CR
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Field Judges
Official Scorer